

## "The Upward Call"

Dance Intensive – Intermediate to Advanced Dancers

Ages 13+ Cost: Total for 2 weeks \$245

July 18<sup>th</sup>-22<sup>nd</sup> & July 25<sup>th</sup>-29<sup>th</sup>

Week 1	What to wear: Ladies-Black Leotard-Pink Tights-Dance Wrap or		
Day	Dance Shorts-Ballet Shoes. Men: Black Dance Shirt-Light Weight		
	Black sweat pants – Ballet Shoes. Please bring a Water Bottle		
Monday	4:30-5:30pm	5:30-7:00pm	7:00-8:00pm
	Modern	Ballet	Pas De Deux
	Miss Scarlett	Miss Scarlett	Mister Erik
Tuesday	4:00-5:30pm	5:30-6:30pm	6:30-7:30pm
	Ballet	Conditioning	Improvisation
	Miss Scarlett	Miss Scarlett	Mister Erik
Wednesday	4:00-5:30pm	5:30-6:30pm	6:30-7:30pm
	Ballet	Partnering	Composition
	Miss Scarlett	Mr. Erik & Miss Scarlett	Mister Erik
Thursday	Starting at	5:00-7:00pm	7:00-8:00pm
	5:00pm	Ballet	<b>Ballet Variations</b>
		Miss Erica	Miss Erica
Friday	4:00-5:30pm	5:30-6:30pm	6:30-7:30pm
	Ballet	Conditioning	Improvisation
	Miss Scarlett	Miss Scarlett	Mister Erik

Week 2	What to wear: Ladies-Black Leotard-Pink Tights-Dance Wrap or		
Day	Dance Shorts-Ballet Shoes. Men: Black Dance Shirt-Light Weight		
	Black sweat pants – Ballet Shoes. Please bring a Water Bottle		
Monday	4:30-5:30pm	5:30-7:00pm	7:00-8:00pm
	Modern	Ballet	Pas De Deux
	Miss Scarlett	Miss Scarlett	Mister Erik
Tuesday	4:00-5:30pm	5:30-6:30pm	6:30-7:30pm
	Ballet	Conditioning	Composition
	Miss Scarlett	Miss Scarlett	Mister Erik
Wednesday	4:00-5:30pm	5:30-6:30pm	6:30-7:30pm
	Ballet	Partnering	Improvisation
	Miss Scarlett	Mr. Erik & Miss Scarlett	Mister Erik
Thursday	Starting at	5:00-7:00pm	7:00-8:00pm
	5:00pm	Ballet	Ballet Variations
		Miss Erica	Miss Erica
Friday	4:00-5:30pm	5:30-6:30pm	6:30-7:30pm
	Ballet	Conditioning	Composition
	Miss Scarlett	Miss Scarlett	Mister Erik